

Alphas Broken Mate by Elizabeth Johanne Chapter 16

Meeting Kayla

Catalina's POV

I wake up early the next morning and sneak out of Andrew's room. I've been staying in here ever since coming home from the clinic. I change into workout clothes and meet Gamma Lucas at the front door.

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"I can't believe you talked me into this." He says "It really didn't take much convincing." I chuckle.

"I can't say no to my Luna." He says with a smile as we head off to the training room. I had asked him if we could pick up our trainings because honestly I was feeling good, great actually. I feel better than I did before the attack. I have so much energy I need to get out. When I initially asked him, he agreed after like two minutes. He's such a push over. We arrive at the training room.

"We will take it easy your first few days back, ok?" He says. I nod even though I don't need it. We run, do strength training, and he even shows me a few take down moves. It feels good to let out some energy.

"You're doing pretty good rabbit. How are you feeling?" He asks. "Good, I just feel like I have so much energy." I say "Yeah I can tell. A week in bed will do that." He says. "Do you feel up to sparring or do you want to hold off?" He asks "Sure let's spar." I say.

We go over to the sparring mat and we start circling each other. He doesn't look like he's going to be making the first strike. I try to move in close to get him to attack first, but he's just waiting for me. Looks

like I'm going to have to. I move closer and test out his defenses. He is fast for an older guy.

"Good, watch how your opponent moves so you can anticipate his responses." He says.

I move quick and low using my size to my advantage. Lucas underestimates my strike and goes high as I go low. I catch him in the ribs and he takes a step back.

"Well your punch has improved." He says with a laugh. He circles me again and this time makes the first move. I feel excited

d since I haven't really been able to get a hit on him before, maybe he's just taking it easy on me. He comes in for a grab but I go to the floor and kick his legs out from under him. He pops back up and comes at me again. This time grabbing my arm and wrapping it behind my back.

"Now remember this position. This is a weak man's position. It doesn't require a lot of force to keep you still. I just have to pull your arm like this." He pulls my hand up my back and pain shoots through my shoulder.

"But I'm going to teach you a few ways to get out of this."

He explains that if the person is close enough, head them in their nose, they will let go. Stomp on their foot, swipe their leg out from under them, or a swift kick to their b*lls will do in a pinch. He releases me.

"One more go?" I ask and he smiles and nods. This time I can tell he isn't taking it easy on me. Everytime I move at him he dodges and hits me back, not too hard but still enough to hurt, in my stomach or ribs. I can feel myself getting frustrated and my body temperature rising. But I need to calm down, Lucas always says to keep a cool head, people make mistakes when they get angry. So I slow down.

"Good, keep your head." Lucas says noticing my pace change. He comes in this time, I block and get a punch in his side. He comes back fast thinking I am distracted by my punch but I duck down and hit him again. He steps back and winces.

"Oh goddess did I hurt you?" I ask looking concerned.

"Haha nothing I can't live through. You have a mean punch there Luna. I might have to move you up on warriors training."

Meeting Kayla

I wake up to an empty bed. I panic a little and get out of bed. I look through the apartment but don't see her. I go to the door and Lucas is gone too. I ask the warrior at the door and he says they went to the training room. They can't seriously be training? She just got out of the clinic.

When I walk in the first thing I notice is how hot the room is. It's almost like a sauna. I see Lina and Lucas sparring. She's fast, faster than Lucas. I watch as Lucas goes in and she blocks and then connects with his side, then she ducks and gets another hit in. She looks like she just broke his rib, but he's not

showing it.

"Oh my goddess did I hurt you?" She asks looking concerned.

"Haha nothing I can't live through. You have a mean punch there Luna. I might have to move you up on warriors training." Lucas says. Yeah he's not letting on how hurt he is. Lina is fast and strong. Maybe shouldn't be so worried.

"Why is it so hot in here?" I ask getting their attention.

"Yeah! just noticed how hot it is in here." Lucas says. "Feels fine to me." Lina says. She comes over to me.

"I hope you aren't mad at me for training. I just have all this energy and I feel fine." She looks at me worried.

"I'm not mad. And besides you looked to be giving Lucas a run for his money." I say with a chuckle. She giggles too.

"Thank you Gamma Lucas for the training today. I'll see you tomorrow for more. I have to go shower and change, Rachel is making me go wedding dress shopping with her today." She leans up and kisses me and then she's off.

"You ok Lucas?" I ask as she heads down the hall.

"I'll be alright. But it's like she's gotten stronger and faster over night. I'm fast, but she's faster." He tells me.

"Well maybe we should train her more. I like the idea of my Luna also being an a* * kicker. It will make her less of a target." I say and he nods in agreement.

"But we need to fix the Air conditioning in here so we don't die of heat stroke while training." He says with a laugh.

"Agreed" I add. Catalina's POV

I take a shower and get dressed and head out of my room. Andrew is in the kitchen drinking coffee and I join him.

"Andrew I wanted to tell you something." I say and he looks at me concerned. "Kayla says she is ready to meet everyone." "Really? She's strong enough even after what happened?" He asks.

"Yeah, I know it's going to sound weird but I don't feel like when I first got here, Kayla was drained after all the wolfsbane in my system. But now I actually feel better, stronger." I say.

"Well that's good. I can't wait to meet Kayla. We can do it tonight if you want. Do you want Rachel and Murph there too?" He asks. I nod.

"I haven't shifted in a few years, but I want everyone there." I say. Kayla said 'them, it's time for them to meet me, so I know it's more than just Andrew.

Meeting Kayla

"Hello love birds." Rachel says coming through the door with Murphy,

"Hey guys!" I say.

"Hey so Lina just told me Kayla is strong enough and wants to meet us. You guys down for later tonight?" Andrew asks.

"You want us there hun?" Rachel asks trying to hold in her excitement.

"Yeah Kayla wants to meet all of you." I say.

"Sweet! I love a night run." Murphy says.

"Well let's get this shopping on a roll. The sooner we start, sooner it will be over." Rachel says grabbing my hand. I turn my head to Andrew as I'm being dragged out of the apartment and mouth the words "help me?" Andrew laughs.

"I heard that." Rachel says. "I didn't even say it out loud." I reply.

I wasn't looking forward to shopping with Rachel, she is a master shopper and I am not. We spend the next 5 hours, (yes you read that correctly), with Sarah, her future mother in law, and Luna Flora going from store to store looking for Rachel's dress. Unfortunately after all that time we aren't successful.

When I get back to the apartment it's empty but that's fine with me. I go to my room and crawl into bed and fall asleep.

I wake up a few hours later feeling better. I hear talking outside my room and decide to get up and see who's out there. I step out and see Rachel, Murphy, and Andrew sitting at the table talking.

"Hey sleeping beauty." Andrew says getting up. He comes over to me and gives me a kiss. "I thought about waking you but figured you could use the sleep." He says. "I was so tired after 5 hours of shopping" I say and Murphy laughs. "Soooo when can we meet Kayla?" Murphy asks looking excited. I giggle. "Now if you guys want." I say. They all smile. Andrew grabs my hand and we head out the door.

We head down to the lobby and into the black SUV. He tells me it's like a 10 minute drive to the pack forest. When we get there we all get out of the car.

"You'll be alright babe. Kayla knows what to do." Andrew says, probably feeling my nervousness. I smile at him. "You can go behind those trees and we'll be right

here, ok?" He says pointing to some trees.
I smile and nod. I walk back behind the trees and start to get undressed.

"Kayla we'll be ok right?" I ask her

"Yes Catalina. I am ready. We are ready." She says. When I'm undressed I take a deep breath and start the shift. I feel my bones break and shift into Kayla.

Andrew's POV

I watch her go behind the trees. A few minutes later I hear her shifting. Then silence. A large all white wolf walks out from the trees. I hear Rachel gasp. She is beautiful. Her purple eyes are on me. She is larger than I thought. She's as big as an Alpha, maybe bigger.

"Wow Kayla you're huge." Murphy says in excitement. Kayla comes up to me and rubs her side against me. I run my hand over her, she is amazing.

"Run with me." Kayla says in my head. Mark is howling to get out. I get undressed and shift. And just as I thought she is bigger than me, not by much, but still. We rub our bodies against each other and Mark nips at her ear. Kayla nudges us with her head and I notice Rachel and Murphy have shifted. Kayla turns

O Bonus

Meeting Kayla

We follow her. She's fast but we can keep up. It's so nice going on a run with her. We are running through the trees and it feels nice, I haven't shifted in awhile with everything that's been going on. Mark has been annoying me to come out.

"I want to go faster, but I don't want to leave you behind." I hear Kayla say. "Murphy, Kayla wants a race." I say.

"Oh it's on Kayla." Murphy says. And like that Murphy, Kayla, and I take off. At first Murphy is heading things, but Kayla quickly closes the gap and takes the lead. Man she is fast. Then I notice something, as she keeps gaining speed it seems like she's starting to glow? What is happening?

"Kayla STOP!" I call out. She stops and turns to face us as Murphy and I come to a stop. We all look behind us and see a trail of small fires on the ground.

"What just happened?" Murphy asks. *"I was just reborn."* Kayla says. "Reborn? What does that mean?" I ask. *"In time mate. You will know all in time."* Kayla says. I hate when she's being cryptic.

"We should head back." Kayla says. We start walking back to the car. We meet up with Rachel who stayed behind. She's not on for a race, she likes to take her time. Her wolf Flo

is a fighter but not a very competitive one. Murphy tells Rachel all about what happened.

"Why were there fires?" Rachel asks. "They were small, more like little flames." Murphy replies. "Okay. Why were there little flames?" Rachel asks annoyed. "All i k now is she glowed, was fast as hell, and made flames with her paws." Murphy says. "Wait, her paws?" I say.

"Yeah, you were too close, I was further back. Where her paws touched the ground, she left flames." Murphy explains. What the heck does that mean? I need to talk to my dad and see if he's found this person

who knows about the legend.